

# RIVERSIDE PERSONAL SAFETY TRAINING

## TWO PART COURSE

This course provides an overview of the potential dangers of working on or near water. Offering practical tips to help you to stay safe should you or a colleague fall into the water, this course has been developed by the Thames Skills Academy to meet the needs of people working on or near rivers and docks. It is only available through the Thames Skills Academy.

**CERTIFICATION VALID FOR 3 YEARS**



### PART 1: THEORY SESSION

#### LIVE ONLINE SESSION

- Environment & Hazards: Safety issues when working next to the water
- Lifesaving Appliances: Use of riverbank safety equipment
- Rescue & Recovery: Rescue devices & local rescue services
- Personal Safety Equipment: Correct use of lifejackets

**Note: A minimum of 4 candidates are required for course to run**

### PART 2: SWIMMING POOL & LINE THROWING SESSION

#### IN PERSON London Aquatic Centre, Queen Elizabeth Park

- Actions on Water Entry: Life-sustaining actions & attracting attention in the water
- Rescue & Recovery: Rescue devices
- Protect airways & reduce heat loss in the water
- Use of life rings & throwing lines

**Note: A minimum of 8 candidates are required for course to run**

### FOR MORE INFORMATION

 [training@thamesacademy.london](mailto:training@thamesacademy.london)

 **07756 651 171**



**DATES AVAILABLE ON REQUEST** Conditions of Booking: Both Part 1 and Part 2 dates must be requested at time of booking. Full certificate issued upon completion of both parts



For outstanding training and skills development