

RIVERSIDE PERSONAL SAFETY TRAINING

FULL DAY COURSE

This course provides an overview of the potential dangers of working on or near water. Offering practical tips to help you to stay safe should you or a colleague fall into the water, this course has been developed by the Thames Skills Academy to meet the needs of people working on or near rivers and docks

Only available through the Thames Skills Academy

CERTIFICATION VALID FOR 3 YEARS



COURSE INCLUDES:

- **Environment & Hazards:** Safety issues when working next to the water
- **Lifesaving Appliances:** Use of riverbank safety equipment
- **Personal Safety Equipment:** Correct use of lifejackets
- **Actions on Water Entry:** Life-sustaining actions & attracting attention in the water
- **Rescue & Recovery:** Rescue devices & local rescue services
- **Protect airways & reduce heat loss in the water**
- **Use of life rings & throwing lines**

FOR MORE INFORMATION



For outstanding training and skills development